

## Quick Weight Loss Centers 4-week Fast Weight Loss Contest

There is no purchase necessary to enter or win.

Open only to legal residents of the United States, who have internet access and are 21 years of age or older as of date of entry.

**If you want to lose weight and are pregnant, nursing, following a diet recommended by a doctor, have health problems or want to lose more than 30 pounds see a doctor before starting this or any other diet.**

1. **How to Enter the Contest:** All entries must be made in person with a Quick Weight Loss coach in a Quick Weight Loss Center (Houston, Austin, South Florida or Tampa).

To enter:

- First, to enter the contest, schedule an in-person appointment with a Quick Weight Loss Center coach by calling (844-405 T-H-I-N) or clicking (<https://quickweightloss.net/fastweightlossplan>) from 9:00 a.m. Eastern Time (“ET”) on September 3, 2019 through 6:59 p.m. on October 29, 2019. All entries in the challenge must be received by 6:59 p.m. ET on October 29, 2019. To be eligible for the Contest, you must live within Florida or Texas and reside within a 100-mile radius of one of the following cities: Houston/metro area, Austin/metro area, Miami, Fort Lauderdale, West Palm Beach.
- Begin your 4-week challenge by taking your “before” picture in your local quick weight loss center. A local coach will record your beginning weight and measurements.
- End your 4-week challenge exactly 4 weeks after the date of your “before” picture by taking your “after” picture in your local quick weight loss center. The coach will record your ending weight and measurements.
- Finalize your entry by submitting your 200 word or less essay (that captures how the Quick Weight Loss Center Fast Weight Loss Challenge has helped you to “lose weight fast”) to your local coach. The purpose of the essay is to inspire others to begin their weight loss journey. The essay must be submitted to the same Quick Weight Loss Center that the participant entered the contest. Essays that contain more than 200 words may not be eligible. All final entries with all requirements completed must be received by 6:59 p.m. ET on November 26, 2019. Once the essay is submitted, the Quick Weight Loss Center will combine it with the before and after pictures, weights and measurements and submit to the judges. Submissions that do not contain all elements (essay, before and after pictures, weights and measurements) will not be eligible.
- Facebook and Instagram are potential entry mechanisms.

2. **Contest Judging:**

All eligible contest entries received, as outlined in #1, will be judged on or about December 9, 2019. The 4 prize winners will be notified between December 9 and December 12, 2019.

Winners will be judged based on the following set of criteria:

- Total weight loss (20%)
- Dramatic positive results as seen in before/after photos (30%)
- Inspirational value of essay (50%)

Final judging will be conducted by a panel of judges from Quick Weight Loss Centers, whose decisions are final on all matters relating to this Contest. In the event of a tie, tied entrants will be re-judged based on dramatic positive results as seen in before/after photos (50%) and inspirational value of essay (50%). No information regarding entries or judging, other than as otherwise set forth in the Official Rules, will be disclosed. Contest winners may be required to participate in a photo shoot.

**3. Contest Prizes:**

- First prize: \$1000 cash. (male or female)
- Second prize: \$1000 cash. (females only)
- Third prize: Quick Weight Loss product vouchers (\$500 value – male or female).
- Forth prize: Quick Weight Loss product (\$250 value – male or female).

Quick Weight Loss Centers assumes no responsibility or liability for damages, losses or injury resulting from acceptance or use of any prize. The prizes are not transferable; no substitutions or cash equivalents are allowed. The 4 winners will be notified by mail, e-mail and/or phone and will be required, as allowed by law, to execute and return an affidavit of eligibility, assignment of rights, liability/publicity release (where legal) within three (3) days of notification attempt or the prize will be forfeited and alternate potential winner(s) determined, within the Sponsor's sole discretion. Winners will be required, as allowed by law, to execute and return an affidavit of eligibility, assignment of rights, liability/publicity release (where legal) within seven (7) days of notification attempt or the prize will be forfeited and alternate potential winner(s) determined, within the Sponsor's sole discretion. No refunds or credit for changes are allowed. Return of prize/prize notification as undeliverable may result in disqualification and alternate winner determination. Taxes, if any, related to the prizes are the sole responsibility of the individual winners. Sponsor assumes no responsibility or liability, for damages, losses or injury resulting from acceptance or use of any prize.

4. **Eligibility:** The Contest is open only to legal residents of the United States, who have internet access and are 21 years of age or older as of date of entry who reside within a 100 miles radius of one of the following cities : Houston/metro area, Austin/metro area, Miami, Fort Lauderdale, West Palm Beach. Employees of Quick Weight Loss Centers LLC., and their respective parents, subsidiaries, divisions, affiliates, suppliers, distributors and advertising, promotional and judging agencies (collectively "Sponsor and its Administrators") and the immediate family members of each, are not eligible to participate or win. You are not eligible if you are pregnant, nursing, following a diet recommended by a doctor, or have health problems without first seeing a doctor. Void outside of the 100-mile radius of Houston, Austin, Miami, Fort Lauderdale, West Palm Beach. All United States federal, state, and local laws and regulations apply.
5. **General Rules/Releases:** Entrants acknowledge and agree that their entries (including but not limited to photos and essays) become the sole property of the Sponsor, who thereby has the right to

publish, display, edit, adapt, modify, reproduce, promote and otherwise use entries in any way it sees fit. The Sponsor also has the exclusive right to use the entries in any advertising and promotional materials (visual, sound, print and/or electronic form), without further consent from entrants. **Important Information for all Entries:** Each essay must be the original work of entrant. Modifying, enhancing or altering a third party's pre-existing photograph or response does not qualify as entrant's original creation. Entry must be in keeping with Quick Weight Loss's image and may not be offensive as determined by Sponsor in its sole discretion, nor can it defame or invade publicity rights or privacy rights of any person, living or deceased, or otherwise infringe upon any person's personal or proprietary rights. Unless otherwise prohibited by law, submission of entries constitutes permission to use the entrant's name, likeness, photograph, biographical information, responses and entry submission for advertising and publicity purposes, without further compensation. All contestants, including but not limited to prize winners, agree to participate in and/or have their images, photos and/or responses in all advertising materials, including, but not limited to, print, television and radio advertisements at the sole discretion of Sponsor. There is no guarantee for winners to be included in Quick Weight Loss advertising/publicity, but we reserve those rights. Entrants agree to be bound by these Official Rules and the decisions of the Sponsor and judges, which are final and binding.

6. **Winners List:** For the names of the four winners, available after December 9, 2019, send a stamped, self-addressed envelope by December 15, 2019, to Quick Weight Loss Winners, 3161 West McNab Road, Pompano Beach, FL, 33069.